



BBBSTT MATCHES WORKSHOP 2012



2012-2013 NEWSLETTER

BBBSTT ART WORKSHOP 2012

The Heroes Foundation

is a registered non-profit, non-governmental-organisation whose mission is **To Enable a Cycle of Transformation of our Nation's Youth into the Next Generation of Selfless Heroes.**

The organization aims to do this by:

- Empowering youth to care for their communities
- Enabling adults to be caring Brothers and Sisters for our youth
- Inspiring our citizenry to care for one another, and for their country

The expected output of this Cycle of Transformation is the delivery of A Legion of Heroes who will lead this country, in all aspects of society and in service of their fellow man. This is being achieved through the following offerings of the Heroes Foundation:

- **Youth Mentorship Programme**
Patterned after the worldwide Big Brothers Big Sisters initiative
- **Youth Development Programme**
This programmed is embedded in 11 Secondary Schools throughout Trinidad and enrolls 300 new students annually
- **Sequential Arts offerings**
the latest of which focused on Child Abuse Awareness.



YDP Inauguration 2012

These undertakings have met with growing success since the Foundation's inception in October 2002. To-date the YDP has enrolled approximately 1,500 students from 11 schools, and involved them in altruistic activities in their schools and communities. The mentorship programme has created 50 matches between adult volunteers and at-risk youth from 8 community homes. Five awareness publications have also been produced on subject matters such as HIV/AIDS and Child Abuse, in a manner and medium that is understood and accepted by the youth.

As the Heroes Foundation celebrates entry into a second decade of operations, these offerings are poised to grow substantially. The YDP has a waiting list of 10 additional schools and 300 students eager to join. The Mentorship Programme has a waiting list of 30 children and volunteers waiting to be matched. There are a number of educational stories to be told in the sequential arts format for the benefit and enlightenment of the youth.



The Foundation has enjoyed a strong partnership with the Energy Chamber of Trinidad and Tobago over the past few years. Their CSR mandate complements our goals, and as a result has enabled the Chamber's membership the opportunity to support and work alongside our enrolled youth in various volunteer activities.

THE YOUTH PROGRAMMES OF THE HEROES FOUNDATION



QUINAM BEACH CLEAN UP 2012

Youth Development Programme (“YDP”)

The Youth Development Programme is implemented in 11 Secondary Schools and is aimed at empowering students to learn about their community through the development and execution of improvement projects, and learning valuable team work, leadership and management skills in the interim. These youths are actively engaged in workshops, seminars and motivational presentations. This furthers their all-round development, lends support to their academic study programme and supplements their moral growth.

Youths are also given the opportunity, through projects and events, to volunteer their time and services. This is in keeping with the Foundation’s mission to expose the youths to opportunities where they can practice acts of selflessness, are exposed to mentorship activities, and are sometimes themselves mentored.

Big Brothers Big Sisters Programme of Trinidad and Tobago (BBSTT)

This programme follows the pattern of the internationally-renowned Big Brothers Big Sisters programme which has a unique style of one-to-one mentoring of children and adolescents through the pairing of an adult volunteer as a Big with a child/adolescent called a Little.

The mentor/Big becomes a positive role model and friend to the young person through guidance, lending a listening ear and modelling consistency. The result is the development of a trusting, caring and healthy relationship. It is important to note that the initial screening and ongoing follow-up assessments of adult volunteers is quite rigorous and held into international standards.

The Foundation continues to create successful Matches with “Bigs” and “Littles” who become involved in its general activities. Mentored “Littles” subsequently become mentors themselves thereby contributing to the cycle of making a difference.

The current programme is community-based and operates in 8 Residential Homes.



**The Cause is Just,
the Need is Great,
the Time has Come,
for Heroes!**

BBSTT ART WORKSHOP 2012



HEART OF A HERO



Australian Government

“CONFIDENCE”



Sequential Arts (“Comic Book”) Programme

The Foundation currently supports two publication series: Heart of a Hero (“HOAH”) and Heroes of a Nation (“HOAN”). These books are based on social topics relevant to today’s youth, and also highlight heroic undertakings of individuals. The particular communication genre chosen – sequential art, or “comic books” - has proven effective and useful as an educational tool used to inform our younger generation of topics that are sometimes delicate, such as: HIV/AIDS Awareness, Challenges of the Differently-abled, and Child Abuse.

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